

## **Second Wind Running Club Board Meeting Minutes April 20, 2008**

**Members Present:** Joe Bails, Kelly Bails, Tricia Crowder, Bill Dey, Jeff Kelly, Brian Kuhn, Andrew Signor, Tracy Thomas

**Others Present:** Chris Migotsky

**Members Absent:** Melony Barrett, Karen Carney, Kristy Powell

### **CLINTON RACE RECAP – Chris Migotsky**

- \$1400 profit
- 96% said they'd run the race again.
- Very tentative race date = Saturday, March 28, 2009
- Change course direction next year--go clockwise (up road hill)
- Add a "Super Grand Master" age group award (60+)
- Provide free entry to next year's race for the current champions
- More pizza at end of race (for volunteers and runners)
- Vaseline at aid stations (but we won't be adding pain pills)
- Greater variety of shirt sizes (XS to XXL)--may have cotton shirt next year
- Additional sponsors for free give-aways to runners
- Unmanned water aid stations between the main ones (will do if warmer)
- Sign to remind runners to check-in at canoe aid station (required)
- Better communications between aid stations about runner progress and DNFs
- Collect bibs at finish to have extra record of finish order
- Use big pitchers to quickly fill water bottles and cups
- Lobby DNR harder for electricity and running water at parking lot

### **RACE COORDINATOR – Joe Bails**

- Run for the Roses 5K and 10K on April 5, 2008: SWRC provided finish line equipment and results. Group has been billed.
- Safe Kids 5K on April 19, 2008: small race, SWRC provided finish line equipment & results. Group has been billed.
- Race for Racism on April 26, 2008: Equipment only
- Twin Cities Twosome on May 10, 2008: Equipment and request for course guards.
- Buffalo Trace on May 17, 2008

**ALLERTON TRAIL RACE:** Board agreed that a portion of the proceeds will be donated to Friends of Allerton. Registration is currently available through [signmeup.com](http://signmeup.com)

**BEGINNING WOMEN'S RUNNING GROUP:** Kelly will coordinate a spring session to start on Tuesday, May 20th. The program costs \$30, and includes SWRC membership, training packet, and performance t-shirt. Group runs will be held at Lake of the Woods Park in Mahomet at 6:30 p.m. and the goal race is the Fisher Fair 5K on July 12.

**MARATHON TRAINING:** Due to the low attendance on training runs, Andrew has been sending an email to the listserv asking who will be attending the runs. If fewer than five people can attend the run, the run will be cancelled.

**RACE CIRCUIT:** Bill Dey has taken over the race

**SPECIAL EVENTS:** Village Inn spring pizza party was well attended.

**SPEAKER SERIES:** Ideas include having Mark Knutson talk about the Illinois Marathon and an Ultramarathon panel.

**OTHER:** Humane Society Dog Adoption Run: Jane Domier is coordinating a Dog Adoption Run with the Champaign Humane Society. The first run will be held on Saturday, May 31 at Meadowbrook Park. Anyone interested in running with one of the dogs must attend a training session on May 28.

**TREASURER'S REPORT**  
**Second Wind Running Club**  
**APRIL 2008 Cash Flow**

Beginning Balance		
Cash (Per check book)		14,389.69
Receipts:		
Dues	395.00	
Clinton	45.00	
Total Receipts		440.00
Disbursements:		
Village Inn	654.91	
Joe Bails Field Events	484.90	
Chris Mitgosky Clinton	825.00	
Postmaster Annual Permit		
Total Disbursement		-1,964.81
<b>Ending Balance</b>		<b>12,864.88</b>

**NEXT MEETING:** 6:00 p.m. Sunday, June 18 at 206 Ridge Road, Mahomet