

## **Second Wind Board Meeting**

### **Minutes from June 22, 2008**

Present: Kelly Bails, Joe Bails, Melony Barrett, Tricia Crowder, Bill Dey, Jeff Kelly, and Andrew Signor.

- I. May minutes were approved.
- II. High School Awards Recap
  - A. Awards were given to outstanding track programs: St. Joseph (Boys) and Mahomet-Seymour (Girls).
  - B. Next recognition will be for cross-country performances.
- III. Green Race Suggestions
  - A. An e-mail from Duane Kimme regarding practices during races that would lessen the environmental impact associated with such events.
  - B. One of the suggestions fielded by the board was the option of not offering plastic bags with bib pickup.
    1. This suggestion will be tried with Allerton.
    2. The Women's Fitness 5K will still use goodie bags this year.
  - C. A no-shirt option for future races will be explored.
- IV. Race Coordinator Report
  - A. Freedom 5K results will be computerized this year.
  - B. Official request for assistance with mini-tri received just this week.
  - C. Two other club-supported races in August: Fitness Frenzy on the 16<sup>th</sup>; Mahomet ½ Marathon & 5K on the 23<sup>rd</sup>.
  - D. Equipment will be rented to organizers of Nothing But Net 5K on the 30<sup>th</sup>.
- V. Allerton
  - A. Tom Rice is working on the flyer. New age group categories will be reflected.
  - B. Flyers will not be mailed out to previous year's participants. On-line registration is open.
  - C. Some flyers will be printed for pick-up at places like Body 'n Sole.
  - D. Printing should be completed in one color only.
- VI. Beginning Women's Running Group
  - A. There are 36 registrants. About 30 participants show up every night during the last 4 weeks.
  - B. Group has always met at Lake of the Woods and run the bike path.
  - C. There is interest in a late summer session.
- VII. Newsletter
  - A. Next issue will be out a week later than usual.
  - B. Flyers for the upcoming speaker series, marathon training, and Allerton will be included.
- VIII. Membership
  - A. Directory is ready.
  - B. Awaiting mailing labels from Kim.

- IX. Illinois Marathon
- A. Course has changed between miles 12 & 13 due to some traffic concerns; has been re-measured.
  - B. Press release will be in the News-Gazette in the next two weeks.
  - C. Race date has been set for April 11, Easter weekend.
  - D. UI has generously allowed access to all their facilities.
  - E. Expo will be held at new Athletic Recreation Center (used to be IMPE).

- X. Marathon Training
- A. Fall Update: dates are set; all runs on Sundays at 7 a.m.; first run on July 13.
  - B. Spring Marathon Training
    - 1. Discussion continued regarding having a paid program in the spring.
    - 2. Highlight will be the tie-in with the IL marathon.
    - 3. All trainings runs will be along the marathon course.
    - 4. May also feature speakers the way the women's running group incorporates them into their weekly meetings.

- XI. Speaker Series
- A. Ultra panel: August 11.
  - B. IL Marathon with Mark Knutson: Sept. 15
  - C. CPR Training to be organized by Andrew in October or November.

- XII. Miscellaneous
- A. Brian will be ordering a new laptop and will upgrade racing software.
  - B. Andrew, Kelly & Joe are going to the RRCA coaching certification course, in Hammond, IN on September 20-21.
  - C. Dog Run Update
    - 1. First one went well.
    - 2. 14 club members were trained, and two were paired up with each dog.
    - 3. Of the 7 dogs taken out that day, 5 have been adopted.
  - D. Website will have a scrolling banner highlighting the club's next event/race.

XIII. Next Meeting: August 10, 6 p.m. at Fiesta Café

XIV. June Financial Statement

Beginning Balance		
Cash (Per check book)		7,144.74
<b>Receipts:</b>		
Dues	1,100.00	
Human Kinetics	50.00	
Earth Wind Fire	245.00	
Woman's Group	195.00	
Buffalo Trace	2,644.00	
Total Receipts		4,234.00
<b>Disbursements:</b>		
Midwest Pottyhouse Buffalo Trace	170.00	
Kelly Bails Woman's Group & HS Trophy	686.56	
Total Disbursement		-856.56
Ending Balance		10,522.18