

Hessel Park –20 Mile Run

10 mile route - <http://www.gmap-pedometer.com/?r=6715803>

18 mile route – <http://www.gmap-pedometer.com/?r=6715827>

20 mile route – <http://www.gmap-pedometer.com/?r=6715818>

10 mile route

-Start at Centennial Park parking lot on Sangamon Drive between Kenwood Road and Crescent Drive

R Sangamon

L Mayfair

R Waverly

L Country

R Armory

R Prospect

L Hessel

Cross Neil, on to Stadium Dr.

R 1st

L Peabody

R 4th

L Pennsylvania

Stay on Pennsylvania to Anderson – **TURNAROUND**

Head back to Centennial Park for the finish.

20 mile route is the same as the 10 mile route but repeat the route.

18 mile route is the same as the 20 mile route, but the second time running it, turn around at Lincoln Avenue, NOT Anderson.