



The Salvation Army RING-A-BELL

2017 5K Run/Walk

SAT, DEC 2



Check-in/Late Registration: 8–9:30am | Race Time: 10am • Quincy Mall North Parking Lot

ALL PROCEEDS support The Salvation Army annual Christmas Campaign, providing Christmas food baskets, toys for children, and the community Thanksgiving and Christmas dinners. These funds also support year-round services such as food pantry, rent and utility assistance, and emergency shelter for those in crisis in our community.

Individuals: Runners/Walkers	Before Nov. 17	\$25	After Nov. 17	\$30
Groups: (Family, Friends, Co-Workers, etc.) <i>*Each group member must complete a registration form. Minimum Number in Group: 5, Maximum: 9</i>		\$20 /person		\$25 /person
Quincy Mall Walkers:		\$15		\$18



Prizes are awarded for the Best Dressed Group & Most Festive Individual*

Name _____ How Did You Hear About Us? _____

Address _____

City, State, Zip _____

Phone _____ Email _____

Birthdate ____/____/____ Male Female **SHIRT SIZE:** (Check one) **YOUTH:** Medium Large **ADULT:** Small Medium Large XL XXL

TECHNICAL / DRY FIT SHIRTS (Additional \$5 per shirt)

REGISTER BY NOVEMBER 17 TO GUARANTEE A LONG-SLEEVED T-SHIRT OF YOUR DESIGNATED SIZE AND EARLY BIRD PRICES.

5K Run 5K Walk Mall Walker | 12 & Under 13–19 20–29 30–39 40–49 50–59 60 & up

THE SALVATION ARMY WAIVER AND RELEASE OF CLAIMS AND ASSUMPTION OF RISK. Please read this information carefully and be aware that by signing up and participating in this event, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss, which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this event. I recognize and acknowledge that there are certain risks of physical injury to participants in this event, and I voluntarily agree to assume the full risk of my injuries, damages or loss, regardless of the severity, that my minor child/ward or I may sustain as a result of participating in any and all activities connected with or associated with this event. I further agree to waive and relinquish all claims my minor child/ward or I may have (or accrue to me or my child/ward) as a result of participating in this event against The Salvation Army, including volunteers, employees and sponsors. I grant permission for The Salvation Army to make visual recordings of all individuals listed on this form for its responsible use.

Date ____/____/____

Signature (Adult or guardian if participant under 18)



MAIL OR DROP OFF: Ring-A-Bell Run, The Salvation Army, 405 Vermont Street, Quincy, IL 62301
For more information please contact Melissa at 217-231-5674 or email: melissa_bailey@usc.salvationarmy.org